Université Saint-Joseph de Beyrouth

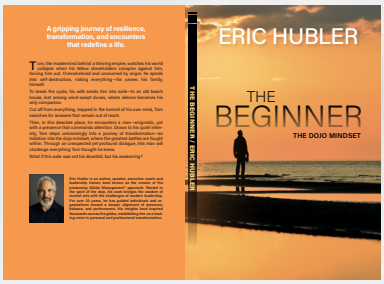
purpleminds™

Centre de formation professionnelle
Professional Training Center
Université Saint-Joseph de Beyrouth

WORKSHOP

LEADERSHIP UNDER PRESSURE: THE 3 A'S OF EMBODIED LEADERSHIP.

ANCHORING, ALIGNMENT, AGILITY



ABOUT THIS PROGRAM

Develop embodied leadership skills to enable participants to:

- Stay clear-headed and focused under pressure.
- Make confident decisions without becoming reactive.
- Exercise authority with flexibility and balance.
- Manage conflict constructively without escalation.
- Negotiate under pressure while protecting essential priorities.
- Maintain engagement and effectiveness in demanding environments.

DATE
26 Jan 2027

TIMING
5:30 PM - 8:30 PM

DURATION
3 Hours

IN PERSON
CIS, USJ Beirut

FEES 100$



Eric Hubler began his career in the United States before joining his family business, Hubler SA, recognized among France's top-performing SMEs in 2004.

In 2005, he founded AIKIDO MANAGEMENT®, an innovative leadership approach inspired by martial arts.

With over 25,000 executives and managers trained worldwide, he has collaborated with leading organizations including Toyota, Adidas, Sanofi, Novartis, and Saint-Gobain.

An expert in unlocking human potential and sustainable performance, he is the author of several books, including the bestseller L'Équilibriste, translated into five languages, and The Beginner (The Dojo Mindset), published in 2025.

+961 70 119 341 www.usj.edu.lb/cfp cfp@usj.edu.lb

REGISTER NOW