

CERTIFICATE PROGRAM

TRAINING OF TRAINERS

EMPOWER YOURSELF TO TEACH,
INSPIRE, AND LEAD
WITH **CONFIDENCE**.



PROGRAM AT A GLANCE



DATES

Sept - Oct 2026



TIMING

5:30 PM - 8:30 PM



DURATION

21 Hours



LOCATION

CIS, USJ Beirut



EARLY BIRD FEES

Before 31 August 2026

475\$



FEES

525\$

ABOUT THIS PROGRAM



Develop the knowledge, skills, and confidence to design and deliver impactful training programs grounded in adult learning principles and modern instructional practices.



Designed for trainers, educators, facilitators, and professionals responsible for developing others, the program combines instructional design methodologies, interactive facilitation techniques, and learner-centered approaches to create engaging and effective learning experiences.



Participants will explore proven tools for training needs assessment, learning objective development, active learning strategies, communication, facilitation, and training evaluation, enabling them to confidently deliver high-impact training sessions.



By the end of the program, participants will have developed the practical expertise to design, facilitate, and evaluate training programs that promote learner engagement, knowledge retention, and meaningful performance improvement.



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MODULES AND LEARNING OUTCOMES

A structured learning journey to develop the knowledge, instructional design expertise, and facilitation skills needed to create engaging, learner-centered training experiences that drive meaningful learning outcomes.

Modules	Learning Outcomes	Key Focus
1 Foundations of Adult Learning	LO1 Explain the foundational principles of adult learning (andragogy) and recognize how adults learn differently.	• Adult Learning Principles (Andragogy) • Characteristics of Adult Learners • Learning Styles & Preferences • Participant-Centered Learning • Creating Inclusive Learning Environments
	LO2 Adapt training approaches to address the diverse needs, preferences, and learning styles of adult learners.	
2 Instructional Design & Training Planning	LO1 Conduct training needs assessments to identify learning gaps, define target audiences, and establish training priorities.	• Training Needs Assessment • ADDIE Model • SMART Learning Objectives • Training Structure & Session Planning • Designing Effective Learning Experiences
	LO2 Design structured training programs using the ADDIE instructional design model.	
	LO3 Develop clear, measurable SMART learning objectives aligned with desired training outcomes.	
3 Training Delivery & Facilitation Skills	LO1 Develop and customize training materials that meet audience needs and delivery formats.	• Facilitation Techniques • Active Learning Methods • Communication Skills • Group Dynamics • Learner Engagement
	LO2 Apply effective communication, questioning, active listening, and facilitation techniques throughout the training process.	
	LO3 Create an inclusive learning environment that encourages participation, collaboration, and knowledge retention.	
4 Training Materials, Evaluation & Continuous Improvement	LO1 Develop and customize training materials that meet audience needs and delivery formats.	• Training Materials Development • Learning Assessment • Training Evaluation • Feedback Techniques • Continuous Improvement
	LO2 Evaluate participant learning, engagement, and training effectiveness using appropriate assessment methods and analyze feedback and continuously improve future training sessions for greater impact.	

DATES

September 21, 23, 28, 30 2026, from 5:30 p.m. to 8:30 p.m.
October 5, 7, 12 2026, from 5:30 p.m. to 8:30 p.m.



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MEET YOUR TRAINER



DR. Taghrid Diab

Dr. Taghrid Diab holds a PhD in Education and has extensive expertise in instructional design and empowering educators to implement modern technologies and active learning techniques.

With over 23 years of experience, she has supported educators and trainers in enhancing teaching effectiveness through innovative, learner-centered approaches.



WHO SHOULD ATTEND

This program is designed for professionals looking to strengthen their training and facilitation skills, design engaging learning experiences, and deliver impactful training sessions, including:

- Trainers, facilitators, and educators seeking to enhance their instructional design and facilitation skills
- Professionals and team leaders responsible for conducting in-house or external training sessions
- HR and learning & development specialists aiming to improve employee training and capacity-building initiatives
- Consultants and subject-matter experts who wish to translate their expertise into engaging, learner-centered programs
- Anyone interested in adult education or capacity building and looking to develop a structured, impactful approach to training



CERTIFICATE AWARDED

Upon successful completion of the program participants will receive a certificate delivered by the Professional Training Center at USJ.

