

CERTIFICATE IN COACHING

Coaching with Confidence

Edition 2026-2027

Cohort 5

Grow, Shine & Thrive
From Within



Who is this Program for? If you fit any of the below criteria, then this program is for YOU!

- Searching to become a certified coach to start your own coaching business
- A leader looking to grow the skills of your team members through coaching
- A parent or citizen wanting to gain coaching skills to create a better impact on people around you

Description: A coach training certification program combining deep coaching skills and techniques, with the learnings from 45 years of coaching experience, to equip participants with the needed capabilities to become competent and confident coaches, honoring the ethical standards of the International Coaching Federation (ICF).

Program Outcomes:

- Become a **Competent** and **Confident** Coach who honors high ethical standards
- Acquire the skills needed to facilitate the growth and development of people around you
- Gain the steps needed to launch your own coaching business
- Be fully prepared to apply for an Associate Certified Coach credential with ICF

**EARLY
BIRD
DISCOUNT**

Program fees: 3290\$ (Fresh)

Before September 3, 2026 :
2990\$ (Fresh)

**LIMITED
SEATS
AVAILABLE**



For registration: [click here](#)

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* This program is accredited by ICF.

Module 1

Setting the foundations

Module 2

Building coaching skills

Module 3

Deepening the coaching conversation

Module 4

Establishing your coaching business

Mentor coaching sessions

By the end of this module, you will be able to:

- Define what coaching is & is NOT
- List the skills needed to be an ethical and competent coach
- Specify the difference between coaching and other practices
- Outline the components of our coaching framework
- Design a trusting relationship with your client

 Dates: **Sep 24 2026**
Oct 1-8-15-22-29 2026
Nov 5-12 2026

 Time: **6:00–8:00 PM**
(Lebanon time)

By the end of this module, you will be able to:

- Practice how to listen deeply
- Ask powerful questions skillfully
- Apply diverse techniques to create sustainable transformation

 Dates: **Nov 26 2026**
Dec 3-17 2026
Jan 14 2026

 Time: **6:00–8:00 PM**
(Lebanon time)

By the end of this module, you will be able to:

- Acquire different tools to deepen the coaching experience
- Align coachees to their vision and purpose
- Create a safe space for the coaching conversation

 Dates: **Feb 4-18 2027**
Mar 4 2027
Apr 1-15 2027

 Time: **6:00–8:00 PM**
(Lebanon time)

By the end of this module, you will be able to:

- Define your coaching niche
- Introduce yourself as a coach
- Launch your own coaching business
- Apply for an Associate Certified Coach credential with ICF

 Dates: **May 13-20-27 2027**

 Time: **6:00–8:00 PM**
(Lebanon time)

During these sessions, you will be able to:

- Define areas for your own development as coaches
- Work with your mentor to integrate the ICF core competencies into your coaching
- Become more effective and skilled coaches

 Dates: **Group mentor coaching sessions:**
Dec 10 | Jan 7-21 | Feb 11-25 | Mar 18 | Apr 8

 Time: **6:00-7:30 pm**
(Lebanon time)

3 individual mentor coaching sessions: April 1 to June 15

(based on availability of mentor and mentee)

Methodology: This program is a combination of live webinars, mentor coaching sessions and personal work done through weekly assignments. The program combines theory, experiential learning, fun exercises and a lot of practice. We strive to create an outstanding experience for our participants so they can learn and develop while having fun and enjoying their journey.



 **For registration: [click here](#)**



Chérine DEBBAS 

Chérine is an Executive Coach and a Family Business Coach, and Program Director of the ICF-accredited coaching programs at USJ. Chérine works with executives, teams and family businesses on their performance, leadership, communication and alignment

to ensure business success and sustainability, across Europe and the MENA region. With 14 years of coaching experience, she blends identity-level work with systemic and constellations approaches to help leaders build clarity, confidence and presence. Chérine holds several coaching certifications: "Professional Certified Coach" (PCC) from ICF, "Professional Co-Active Coach" (CPCC) from The Co-Active Training Institute, "Organizational and Relationship Systems Certified Coach" (ORSCC) from CRR Global, "Team Performance Coach" (CTPC) from Team Coaching International, and is a certified practitioner in Coaching Constellations. She also holds a Master of Science in Management from HEC France.



Nadine ZEINOUN 

Nadine is an Executive & Team Coach and an award winning inspirational speaker. She serves as the President of the Ottawa Chapter of the ICF supporting the growth and development of the coaching profession.

She is an Emotional Intelligence Specialist who supports leaders who are struggling with disengaged teams that are performing below expectations. She helps them develop into emotionally intelligent, self-aware leaders who are capable of exceeding all business objectives while inspiring a happy, harmonious, high-performing team. Nadine holds a "Master Certified Coach" (MCC) credential from the International Coaching Federation (ICF). She has acquired many certifications on several team and leadership assessment tools: EQi-2.0/360, TMSD-i, C-IQ, MLEI by John Mattone. She is also a basic NLP practitioner.



Roula EID  

Roula is an Executive & Systemic coach. She works with leaders, and executives helping them unleash their potential to be successful and fulfilled. She also works with teams, to help them navigate the change, create alignment and be high-performance systems.

She is the Front Of Room Leader (FORL) at CRR Global and she is a board member at ICF Ottawa. She taught and coached several topics at USJ, ESA & Antonine. Roula is an Organizational and Relationship Systemic Coach (ORSCC) from CRR Global and holds a Professional Certified Coach (PCC) and an Advanced Certification in Team Coaching (ACTC) from ICF. She did her Maîtrise in "Industrial & Commercial Business" at USJ-Lebanon. She is a member of the ICF chapter in Lebanon. In 2013 Roula was recognized among the top 100 women leaders in the MENA region and in June 2022, she was recognized among the top 15 coaches in Ottawa-Canada.



Nayla YAZBECK 

Nayla is a certified coach by Erickson International, and a certified executive coach by John Mattone Global in Leadership Enneagram Inventory (MLEI). She is specialized in youth coaching by International Mozaik and has a certification in Generative Collaboration by

Robert Dilts, and in Mindfulness by "MISP" (Mindfulness in School Project - England). She holds an NLP practitioner certification from the American Board of NLP and a TLT certification from the TLT association. Nayla coached hundreds of teenagers and adults and accompanied them towards their self-fulfillment and the optimization of their talents. Nayla also gives coaching sessions and public speaking courses in ESA and USJ FMD. She holds a "Professional Certified Coach" (PCC) credential by the International Coaching Federation (ICF) and is a former board member of ICF Lebanon Chapter.