

Body Language and Public Speaking with Public Figures

Training sessions are offered to USJ Staff

Fady Bader



Charbel Raji



Jean Nakhoul



	Dates	Timing	Location
Group 1	12-13 February 2024	9h - 13h30	CFP (room Michel Ghazal, CIS, bloc B, 1 st floor)
Group 2	19-20 February 2024		
Group 3	28-29 February 2024		
Group 4	11-12 March 2024		
Group 5	13-15 March 2024		
Group 6	20-21 March 2024		

Target Audience: exclusively offered to USJ staff

Registration Link:

<https://enquetes.usj.edu.lb/index.php/269632?lang=fr>



Learning Outcomes

Body Language

- Understanding the Basics of Body Language
- Recognizing Non-Verbal Cues
- Enhancing Self-Awareness
- Improving Eye Contact
- Mastering Gestures for Emphasis
- Controlling Nervous Habits
- Using Posture to Project Confidence
- Space and Movement Management
- Aligning Verbal and Non-Verbal Communication
- Practical Application and Feedback

Public Speaking

- Part I: Foundations of Public Speaking.
- Part II: Preparation and Organization
- Part III: Delivery Techniques
- Part IV: Engaging the Audience
- Part V: Special Types of Public Speaking
- Part VI: Continued Growth as a Speaker

Trainers

Fady Bader

Distinguished professional known for his extensive expertise in career development, personal success, and public engagement. As the founder and chief editor of the Beirut Tribune, he has demonstrated a keen insight into media and journalism. His entrepreneurial spirit is evident in his co-founding of Epic Minds, a consultancy and capacity-building firm that has made significant strides in the industry.

In the media domain, Mr. Bader has gained recognition as a TV host on Mariam TV in Lebanon, showcasing his versatility and communication skills. A notable aspect of his career is his exceptional skill as a public speaking trainer. Through his engagement with Toastmasters International, and his status as a master life coach, speaker, and trainer, he has honed his expertise in oratory and leadership. His certification as a team member of the renowned John Maxwell program underscores his commitment to leadership and personal development training.

Mr. Bader's influence extends to the digital sphere with his podcast, "The Hero Within with Fady G. Bader." In this series, available on multiple platforms, he delves into topics surrounding career advancement, leadership dynamics, and self-improvement.

Charbel Raji

TV Host and Media and Communications advisor with over 15 years of extensive experience in advocacy, public affairs and external relations across the US, Europe and the Middle East. United Nations Spokesperson for over 10 years and trainer on media speaking, crisis communications, multimedia marketing campaigns, reputational risk and emergency preparedness. Advisor to high-profile personalities and private sector companies and expert in crisis management, consensus building, corporate and crisis communication.

Jean Nakhoul

Lebanese media personality, who started working in television field since 2009. He graduated from Notre Dame University (NDU) with a bachelor's degree in journalism and pursued his studies in Media Management in France. He is currently pursuing a master's degree in business administration at the American University of Beirut (AUB). Mr. Nakhoul is a former News Editor, reporter and presenter, and he handles the International Affairs department at MTV Lebanon during the Arab Spring and became the News Executive Producer.

He has also been involved in the content production and execution of many political and cultural TV Executive Producer of the most watched political talk show in Lebanon and the region.

Furthermore, Jean Nakhoul has produced several TV shows for Arab countries, notably for the Qatari channel beIN Sports, Abu Dhabi TV and Dubai TV. He also produced episodes and mini documentaries for Expo 2020 held in Dubai. On an academic level, he has started his new academic experience teaching Media and Communications course at Saint Joseph University in Beirut. Mr. Nakhoul is an expert trainer at the Professional Training Center of USJ.