# **INSTITUTE OF PHYSIOTHERAPY (IPHY)**

#### **HISTORY**

The Institute of Physiotherapy (IPHY) was founded at the Faculty of Medicine of the Saint Joseph University of Beirut in 1956. It was suspended between 1967 and 1995 but resumed its activities in 1995 at the Medical Sciences campus. It then awarded the "Bachelor in Physiotherapy".

In 2002, the IPHY began awarding Master's degrees in Physiotherapy. The 4 Masters options offered are:

- Master in Manual Therapy and Osteopathy
- Master in Physiotherapy of Physical Activities and Sport
- Master in Neurological Rehabilitation
- Master of Research in Physiotherapy.

In 2010, a University Diploma (DU) program in Chinese Acupuncture, was introduced in partnership with Tianjin University of Traditional Chinese Medicine (China). This program includes theoretical training offered by Chinese instructors in Lebanon and a practical internship at a hospital specializing in the field in China. In 2014, IPHY introduced the "Doctor of Physical Therapy (DPT)" program.

#### **OBJECTIVES OF THE PHYSIOTHERAPY EDUCATION**

The physiotherapy training program lasts 4 years, in accordance with the standards set by World Physiotherapy (WPT).

Upon completing theoretical and practical education required for the Physiotherapy Diploma, a comprehensive professional physiotherapist should be able to demonstrate the ability to:

- 1. Assume responsibility for individuals' health, considering their identified physiotherapy needs:
- 1.1 Acquire theoretical bio-psycho-social and medical knowledge, as well as physiotherapy technology.
- 1.2 Assess the needs of individuals and diagnose physical issues such as deficiencies, incapacities, disabilities...
- 1.3 Deliver both preventive and curative care.
- 1.4 Plan, execute, evaluate, and adapt rehabilitation programs, considering priorities and medical prescriptions.
- 1.5 Coordinate care programs and enhance environmental conditions by collaborating with the interdisciplinary team and family.
- 2. Develop logical reasoning skills to find suitable solutions to common or unexpected problems across diagnostic, therapeutic, or organizational levels.
- 3. Consider the individual within their social context and provide necessary moral support.
- 4. Develop communication and collaboration skills:
- 4.1 Cultivate professional behavior alongside scientific knowledge and technical skills.
- 4.2 Communicate with the interdisciplinary team using appropriate professional language.
- 4.3 Communicate in writing: scientific articles, summary reports, medical records, and transfer sheets adhering to writing and transcription standards.
- 5. Participate in:
  - Mentoring interns.
  - Ongoing education of service personnel.
  - Health education of populations.
- 6. Develop administrative skills to effectively manage professional work.
- 7. Stay updated on new concepts within the profession and maintain competence in line with scientific advancements.

Engage in scientific research to contribute to the advancement of the profession.

#### **MISSION**

Reflecting its commitment to comprehensive and holistic education at the Saint Joseph University of Beirut since 1995, the Institute's mission is as follows:

- To provide Lebanese and foreign students, without discrimination, with an academic education in the field of physiotherapy, encompassing both basic and advanced levels. This aims to prepare graduates to collaborate in promoting health and to prevent, detect, correct, and/or alleviate dysfunctions in the field of physiotherapy.

- To enhance the knowledge of physiotherapists through ongoing education, available to all who seek it.
- To initiate research among instructors, alumni, and all physiotherapists, with the aim of improving the quality of physiotherapy services.

#### **ADMINISTRATION**

**Director: Pascal EL BRAIDY** 

**Dean:** Elie NEMER **Coordinators:** 

Bachelor (1stcycle): Rose ROCCA FARAH et Perla MJAESS

Bachelor (2<sup>nd</sup> cycle): Nadim FAKHOURY

Masters and DPT: Roula AKAWI BOU ANTOUN et Perla MJAESS University Diploma in Chinese Acupuncture: Pascal EL BRAIDY

#### **ADMINISTRATIVE STAFF**

Administrative Assistant: Mountaha ALLAWY TANNOURY Academic Support Officer: Ghada AZZI (EL) SEMAAN

# **FACULTY**

#### **Assistant Professor**

Mohammad KARAM

#### Lecturers

Khalifé KHALIFÉ, Marlène MAZRAANI NAKOUZI, Nadim FAKHOURY, Nisrine ABDELNOUR LATTOUF, Pascal (EL) BRAIDY, Pierre FILFILI, Rose ROCCA FARAH, Roula AKAWI BOU ANTOUN

#### **Practical Training Coordinators**

Perla MJAESS, Nadim FAKHOURY

# Instructors

Abir MASSAAD, Antoine KAHWAGI, Antoinette (EL) BEYROUTI (EL) KHOURY, Anwar KHABBAZ, Barbara (EL) DOUAIHY, Bassam ISMAIL, Carole (EL) KESROUANI ABOU NADER, Carole NASSIF REAIDI, Carole NEHMÉ, Chaker BOU ABDALLAH, Charles GHAFARI, Claude MAROUN, Cynthia TOUMA, Dana DIAB, Dina BARAKAT, Edgard (EL) HAIBY, Elie FARAH, Fady DAGHER, Fady FAKIH, Gaby ISSA (EL) KHOURY, Gaby KREICHATY, Georges MAALOULY, Ghada ABI KARAM, Ghada SALIBA, Hady JALKH, Hanane (EL) KAZZI, Jihad HADDAD, Joël (EL) BOUSTANY, Joseph (EL) MIR, Joseph HATEM, Joseph MAARRAWI, Khalil NASSAR, Laetitia EID, Lara ABOU JAOUDÉ, Lara NASR, Lucine HALEPIAN OULOUJIAN, Marcella (EL) ACHKAR, Marianne BOU ZEID, Marie BARHOUCHE ABOU SAAB, Maya SAMMOUR RBEIZ, Michel GHOSSEIN, Micheline BAKHOS, Mohamad ABOU HAIDAR, Mohamad HALIMI, Myriam (EL) ZOGHBI SROUR, Nabil MAKHLOUF, Nahla SAAD MOUAWAD, Nassjm FARES, Nathalie (EL) JBEILY, Nathalie KHREICH SLEIMAN, Nour (EL) HÉLOU, Nour (EL) KHAZEN, Nour KEYROUZ, Pamela (EL) KHOURY, Pierre MERHEB, Rabab (EL) RASSI KHOURY, Rachid KHOURY, Ralph HOBEIKA, Ramy RACHKIDY, Rana DAOUD (EL) ASSOUAD, Richard ZEIDAN, Rita (EL) HAYEK, Romy SLAIBY, Rony FARÈS, Sabine FARÈS, Sami ROUKOZ, Sandra MAARRAWI, Soha HADDAD ZEBOUNI, Souha SALIBA SAADÉ, Tarek SMAYRA, Tarek TOUMA, Toby ATALLAH, Tonine YOUNANE FARAH, Tony ABDEL MASSIH, Tony MATTA, Tony (EL) MURR, Toni RIZK, Viviane MATAR TOUMA, Walid ABOU HAMAD, Yara NEAIMEH, Yolla ABDEL MASSIH SAWAYA, Youmna HALABY, Zakhia NAOUM

# **DEGREES, DIPLOMAS AND CERTIFICATES AWARDED**

Bachelor in Physiotherapy

Master in Manual Therapy and Osteopathy

- Master in Physiotherapy of Physical Activities and Sport
- Master in Neurological Rehabilitation
- Master of Research in Physiotherapy.

University Diploma (DU) in Chinese Acupuncture

Doctor of Physical Therapy (DPT).

## **JOB OPPORTUNITIES**

- Private clinics
- Hospitals
- Centers
- Long-term care facilities
- Sports clubs
- Home care
- Government agencies and NGOs
- Schools and universities
- · Corporate clients
- Health promotion centers

# **TUITION FEES**

\$ 112 et 2688000 LL (Bachelor and Master in Physiotherapy) \$ 86 et 2050000 LL (DPT - Doctor of Physical Therapy)

# SPECIFIC PROVISIONS OF THE INTERNAL REGULATIONS OF STUDY

THE SAINT JOSEPH UNIVERSITY
INTERNAL REGULATIONS OF STUDY
COMMON PROVISIONS
&
IPHY SPECIFIC PROVISIONS

Text approved by the University Board On October 26, 2016 (CdU 187) Amended on June 21, 2017 (CdU 191)

# INTERNAL REGULATIONS OF THE STUDIES COMMON PROVISIONS

# Title one-Studying at the Saint Joseph University

1. Programs and cycles

# The degrees, diplomas and certificates awarded are:

- Bachelor in Physiotherapy
- Master in Manual Therapy and Osteopathy
- Master in Physiotherapy of Physical Activities and Sport
- Master in Neurological Rehabilitation
- Master of Research in Physiotherapy.
- University Diploma (DU) in Chinese Acupuncture
- Doctor of Physical Therapy (DPT).

The IPHY also proposes lifelong learning options on specific subjects and current issues.

## 2. Courses and Credits

To obtain the first degree in the training program, students must validate a certain number of required courses, Institutions' elective courses, courses required by the University known as "USJ General Education Program" (« Formation générale USJ »), and open elective courses based on the following:

Type of Courses	Number of credits proposed by the institution	Number of credits that students must validate
Required Courses	190	Number required by the institution
Institutions' Elective Courses	At least 18	At least 12
USJ General Education Program	List proposed by the University	32
Open Elective Courses	List proposed by the University	At least 6

One internship credit equates 30h of in-class and/or personal work

## 3. Prerequisite Courses

Registration for a course may require « prerequisite courses »; the latter consist of all other courses in a study program whose learning outcomes and corresponding credits must be validated by the jury before registration for the course.

#### To register for a course:

Students must have validated the prerequisites according to the prerequisites table posted and adopted by the Board of the Institute and updated periodically.

#### 4. Student Guidance

A tenured instructor guides students throughout their academic journey.

#### 5. Languages

# a. Languages of instruction

French and Arabic are the two main languages of instruction. Some courses or study programs are taught in English.

# b. French proficiency requirements

Prior to every registration for the first cycle, candidates must have been classified in « A » category at the aptitude test in French language.

However, a candidate placed in category "B" on this test is allowed to provisionally register in certain institutions. As soon as they register and during the first year of their studies, they take compulsory remedial French language courses which replace a 3-credit open elective course. These courses are offered by the USJ Faculty of Languages and Translation in three successive sessions during the first and second semesters, and during the summer term.

An "A" level test is administered at the end of every session. Students who pass the test validate the three credits; their registration becomes final and they can pursue their studies. Students who do not pass the first session may register for the second session; if they fail the second session, they may register for the summer session. Students who do not pass the test after the three sessions will not be able to renew their registration. The Institution may, in its "Specific Provisions" of the Internal Regulations of Study, extend the "A" level requirement to all first-time registrations for graduate programs.

c. Arabic proficiency requirements

# 8. Mandatory Attendance

- a. Attendance is mandatory and monitored. However, for elective courses, absences during the first two weeks of the semester are not taken into account.
- b. Students' attendance and motivation have a direct impact on their assessment throughout the semester (ref. Article 25 of the present document) according to the procedures defined by the institution.

- c. To take the final exam of a course, in both, the first and second sessions, students must have attended at least 70% of the in-person sessions. The list of students who will not be able to take the final exam is validated by the Head of the institution and by at least one member of the Institution Board on the eve of the exams.
- d. For an absence of more than two consecutive weeks, students must request an authorization. Depending on the length and period of the student's absence, the Institution Board may either authorize them to resume their semester or ask them to repeat it. In the latter case, the maximum duration of the program is extended by one semester.

An absence of more than two consecutive weeks without authorization is considered as a withdrawal of the student for the current semester; the concerned student cannot claim any right to re-register.

The decision to admit a late coming student to the classroom is at the instructor's discretion, but the student in question will be recorded as absent on the attendance list.

Only the instructor is authorized to record absences and sign the attendance list.

The use of mobile phones in the classroom is prohibited.

The instructor may ask any disruptive student to leave the classroom, in which case the student will be marked as absent.

Attendance during internships is monitored by the internship supervisor, and no absences are permitted. Any absence deemed justified by the IPHY administration must be made up with an additional day of internship. However, if absences exceed 15% of the internship period, the student must re-register and repeat the internship. Any student who is late more than three times during the same internship period will be required to complete one additional day as scheduled by the internship supervisor.

# Title two - Registrations and Admissio

#### 1. Application Forms

Application forms are submitted either online on the University's website or at the offices set up7 for this purpose, according to the procedures and deadlines established by the University. In every program, the first registration is final only if it meets the regulatory requirements and is preceded by the payment of a deposit.

# 2. Documents Required for the First Registration

When registering for the first time, students must submit the following documents to the registration office or the institution's secretariat, where appropriate:

- a passport-sized photo;
- a recent individual civil status record or a copy of the Lebanese ID card (by showing the original). For foreigners, a copy of the passport;
- a family civil status record or a copy of it;
- a copy of the Lebanese Baccalaureate or its equivalent, certified by the Ministry of Education and Higher Education:
- a copy of the social security card for students already registered with the National Social Security Fund (NSSF), and a supporting document for those who benefit from another official social coverage;
- a certified transcript of the last three years of school or university, depending on the cycle for which the applicant is applying;
- a certified copy of the higher education studies already validated and the university diplomas already obtained, as well as their equivalence granted by the Lebanese State where applicable;
- any other document requested by the institution to which he is applying.

The ID presented by students at the time of their first registration permanently establishes the civil status information that will appear on the diplomas and certificates issued by the University:

- the transliteration of their last name, first name and father's first name, validated by the student at the time of their first registration, is definitive;
- their date and place of birth;
- their nationality.

If a student or graduate rectifies their civil status, it is their responsibility to attach to their diplomas a certificate of change issued by the appropriate civil authorities. No changes to diplomas and university records are possible. Female students, even if already married, are registered under their maiden name. This is the name that will appear on their diplomas.

To register to a Master's degree and to DPT, candidates must hold a Bachelor in Physiotherapy from USJ or any other degree recognized as equivalent r by the USJ Equivalence Committee.

For the Master in Manual Physiotherapy and Osteopathy and the University Diploma in Chinese Acupuncture, candidates may also hold the Degree in Medicine from USJ or any other degree that is recognized as equivalent by the USJ Equivalence Committee

- The documents required for the Master's, DPT and University Diploma courses in Chinese acupuncture are the following:
  - A copy of the Lebanese Baccalaureate or its equivalent, certified by the Ministry of Education and Higher Education;
  - A certified photocopy of the Bachelor in Physiotherapy (or Degree in Medicine)
  - A certified photocopy of the equivalence of the degree (or the Degree in Medicine)
  - Grade transcript of the Bachelor in Physiotherapy (or Degree in Medicine)
  - Curriculum vitae with supporting documents
  - Recent individual civil status extract or photocopy (by submitting the original) of the national ID card, or the passport for foreigners
  - Recent original family civil status extract
  - Two passport-sized photos
  - A photocopy of the National Social Security Fund (NSSF) card for the students who are already registered at the NSSF

# a. Accident insurance subscribed to by the University:

Every student is covered by the "Student" insurance policy to which the University is subscribed. It covers them on working days as specified in the University Calendar, whether they are present at the University or commuting to and from the University; this insurance policy also covers them during activities or projects organized by the University even if they take place on non-working days. In the event of an accident other than the above-mentioned cases, coverage is subject to the prior approval of the Rectorate. "Student" insurance covers:

- accidental death.
- permanent total or partial disability as a result of an accident,
- medical expenses as a result of an accident.

#### b. Private insurance:

- Lebanese students, who do not benefit from the NSSF, are invited to subscribe to a private insurance policy (at their own expense) covering at least their hospitalization.
- Foreign students must subscribe, at their own expense or according to their registration conditions, to an insurance policy covering at least their hospitalization and repatriation.
- Outgoing mobility students, within the framework of university programs, must subscribe, at their own expense, to an insurance covering at least their hospitalization and repatriation.

#### c. Professional insurance:

Students doing a clinical internship, in accordance with the conditions set by the University, benefit from a professional liability insurance policy to which the University or any other organization is subscribed, depending on the case, to cover accidents that may occur during such activities in Lebanon.

Students doing an internship abroad must take out at their own expense, a civil and professional responsibility insurance as well as a health and repatriation insurance.

# **Assessment Methods**

# ASSESEMENET AND VALIDATION SYSTEM FOR THE BACHELOR PROGRAM:

1. Assessment of the theoretical or practical courses:

To validate their courses, students must achieve an average of 10/20 or higher for each course. However, for the courses in anatomy, assessments, and specific techniques, students must obtain at least 10/20 for each component in addition to the average of 10/20 or higher. The overall average of each course will be determined by continuous assessment of the student's progress (oral and written exams, presentations, projects, and practical exercises). The weighting of course assessments will be set at the beginning of each academic year and periodically reviewed by the Board of the Institute, with updates posted at the start of each semester.

2. Assessment of the internship courses:

To validate their courses, students must achieve an average of 12/20 or higher.

For the assessment method related to every stage, students must refer to the internship regulations, which are regularly updated and posted.

#### 3. Final project

By the end of the program (eighth semester) students must submit and defend a final project before a jury and achieve a score of 10/20 or higher. This final project must be preapproved by the Institute's Administration. In case of failure, students will have to present the project again at a later date proposed by the Administration. To pass, students must achieve a score of 10/20 by the end of both sessions.

Cf. Final project guide periodically updated by the Board of the Institute.

# Assesment and validation system for the master program:

Applicants must:

- Validate theoretical and practical courses as well as internships by achieving a score of 10/20 or higher.
- Present a final project before a jury and achieve a score of 10/20 or higher. This final project must be preapproved by the Institute's Administration. In case of failure, students will have to present the project again at a later date proposed by the Administration. To pass, students must achieve a score of 10/20 by the end of both sessions. Cf. Final project guide periodically updated by the Board of the Institute.

# Assesment and validation system for the dpt:

Applicants must:

- Validate theoretical and practical courses as well as internships by achieving a score of 10/20 or higher.
- Present a final project before a jury and achieve a score of 10/20 or higher. This final project must be preapproved by the Institute's Administration. In case of failure, students will have to present the project again at a later date proposed by the Administration. To pass, students must achieve a score of 10/20 by the end of both sessions. Cf. Final project guide periodically updated by the Board of the Institute.

# Assesment and validation system for the University Diploma in Chinese Acupuncture Candidates shall:

- Validate courses by achieving a score of 10/20 or higher.
- Validate a 3 week-internship in China.