

BACHELOR IN PSYCHOLOGY**Main Language of Instruction:**French English Arabic

Campus Where the Program Is Offered: CSH

OBJECTIVES

The Bachelor in Psychology aims to familiarize students with the various theoretical approaches used in clinical, developmental, social, and cognitive psychology. It also focuses on understanding both normal and pathological behaviors across different life stages. The program includes internships in various institutions, and is distinguished by its interdisciplinary approach, which adds to its uniqueness.

PROGRAM LEARNING OUTCOMES (COMPETENCIES)

- Identify, recognize, and compare various psychological theories within clinical, developmental, social, and cognitive psychology.
- Address the complexity of the human condition using psychoanalytic and cognitive-behavioral theories.
- Apply essential clinical tools effectively.
- Formulate a research problem and seek theoretical and practical solutions.
- Analyze psychological data using statistical methods.
- Gain practical experience through internships, understanding institutional and hospital settings, and the role of the psychologist.
- Develop expertise in statistical data processing.

PROGRAM REQUIREMENTS

180 credits: Required courses (153 credits), Institution's elective courses (21 credits), Open elective courses (6 credits)

USJ General Education Program (32 credits – may be part of the above categories)

USJ General Education Program (32 credits)

English (4 Cr.)

011PSANL5 - Specialized English - Psychology (4 Cr.)

Arabic (4 Cr.)

011PSASL1 - Specialized Arabic – Psychology (4 Cr.)

Humanities (8 Cr.)

011GESFL1 - Society Facing Risk (2 Cr.)

011SAARL1 - Culture and Life **ثقافة وحياة** (2 Cr.)

011PHPEL1 - Foundations of Ethical Thoughts (2 Cr.)

064VALEL1 - USJ Values in Daily Life (2 Cr.)

Social Sciences (6 Cr.)

011SAESL1 - Introduction to Social Studies (3 Cr.)

011SAIPL1 - Professional Integration (3 Cr.)

Quantitative Techniques (6 Cr.)

011PSSDL2 - Descriptive Statistics in Psychology I (3 Cr.)

011PSSDL5 - Descriptive Statistics in Psychology II (3 Cr.)

Communication Techniques (4 Cr.)

011LFCEL1 - Oral and Written Communication (4 Cr.)

Required courses (121 credits)

Advanced Psychometrics (3 Cr.). Clinical and Pathological Psychology (3 Cr.). Clinical and Pathological Psychology 2 (3 Cr.). Clinical and Pathological Psychology 2 – Supervised Work (3 Cr.). Clinical and Pathological Psychology – Supervised Work (3 Cr.). Clinical Consultation (6 Cr.). Clinical Consultation Practice (3 Cr.). Cognitive-Behavioral Therapies (3 Cr.). Cognitive Psychology (3 Cr.). Cognitive, Affective, and Relational Development of the Child (5 Cr.).

Emotion and Cognition (3 Cr.). Existential Difficulties of the Adult (6 Cr.). Foundations of Social Psychology (3 Cr.). Freudian Texts (2 Cr.). History of Psychology (3 Cr.). Internship II – Psychology (2 Cr.). Introduction to Existential Psychology (3 Cr.). Introduction to Industrial Psychology (3 Cr.). Introduction to Neurosciences (3 Cr.). Introduction to Pedopsychiatry: Psychopathology of Children and Adolescents (3 Cr.). Introduction to Psychometrics (3 Cr.). Introduction to Psychopathology (3 Cr.). Introduction to Psychiatric Semiotics (3 Cr.). Introduction to Research and Study Work (3 Cr.). Introduction to Research and Study Work 2 (3 Cr.). Learning (3 Cr.). Neurophysiology (3 Cr.). Normal and Pathological Development of the Adolescent (6 Cr.). Pathologies of the Nervous System (3 Cr.). Post-Freudian Authors (2 Cr.). Professional Methods and Practices of Psychologists (4 Cr.). Psychoanalytic Currents (3 Cr.). Psychology in a School Setting (3 Cr.). Psychology Internship - Third Year (2 Cr.). Psychology of the Elderly (3 Cr.). Social Psychology: Science of Interaction (3 Cr.).

Institution's elective courses (21 credits)

Courses to choose from the following list:

For the 1st semester:

Approach to Psychoanalytic Literature (3 Cr.). Analyzing Art: 15th-19th Centuries (3 Cr.). Child Learning Difficulties (3 Cr.). Greek 1a2 / 1st Part of Level 1 (2 Cr.). Italian 1a2 / 1st Part of Level 1 (2 Cr.). Introduction to Anthropology (3 Cr.). Introduction to Environmental Studies (3 Cr.). Introduction to Heritage Studies (3 Cr.). Introduction to Public Relations (3 Cr.). Media and Social Claims (4 Cr.). Military Archaeological Sites of the Middle East (2 Cr.). Mythologies (3 Cr.). Persian and Manipulation: A Sociological Approach (3 Cr.). Philosophy, Writing, and Healing (3 Cr.). Poetry and Philosophy (3 Cr.). Political Sociology (3 Cr.). Public Presentation and Communication (3 Cr.). Literary Issues of the 20th Century (4 Cr.). Sociology of the Family and Marriage (3 Cr.). Spanish 1a2 / 1st Part of Level 1 (2 Cr.). Spanish 1a4 / 1st Part of Level 1 (4 Cr.). Spanish 1b2 / 2nd Part of Level 1 (2 Cr.). Spanish 1c2 / 3rd Part of Level 1 (2 Cr.). Spanish 3a4 / 1st Part of Level 3 (4 Cr.). Texts in Native Language Education (3 Cr.). The Arab Revolutions (3 Cr.). Korean 1c2 / 3rd Part of Level 1 (2 Cr.).

For the 2nd semester:

Ancient Culture (3 Cr.). Approach to Literary Imaginary (4 Cr.). Business, Society, and Social Responsibility (3 Cr.). Contemporary Art (3 Cr.). Contemporary Economy (3 Cr.). Culture and Life (2 Cr.). Eloquence and Rhetoric (3 Cr.). Figures of Arab Women in Literature and Cinema (3 Cr.). Lebanese Francophone Literature (3 Cr.). German 1c2 / 3rd Part of Level 1 (2 Cr.). Independence Wars in the 20th Century (3 Cr.). Language Laboratory 1 (3 Cr.). Language Laboratory 2 (3 Cr.). Language Laboratory 3 (3 Cr.). Language Laboratory 4 (3 Cr.). Language Laboratory 5 (3 Cr.). Language Laboratory 6 (3 Cr.). The Evolution of Lebanese Journalism *الصحافة اللبنانية بين الأمس واليوم* (4 Cr.). Love and Music (3 Cr.). Metropolisation and Globalization (4 Cr.). Methods and Approaches in Social Sciences (3 Cr.). Modern Art (3 Cr.). Philosophical Anthropology: The Self, Time, History (3 Cr.). Political Philosophy: The Social Contract Issue (3 Cr.). Popular Literature (3 Cr.). Public Relations and External Communication (3 Cr.). Public Relations, Campaigns, and Brand Ambassadors (3 Cr.). Reconsidering Literature: Issues of "Transitive" Literature in the 21st Century (4 Cr.). Risks and Social Vulnerability (4 Cr.). Singing and Vocal Technique (3 Cr.). Sociology: Selected Themes (3 Cr.). Sociology of Communication (3 Cr.). Sociology of Religion (3 Cr.). Sociology of the Arab World (3 Cr.). Statistical Package for the Social Sciences I (3 Cr.). The Concept of Evil in TV Series and Films (3 Cr.). The Genesis of the Contemporary Middle East (3 Cr.). The Lebanese Army: History, Issues, and Challenges (4 Cr.). The Phoenicians (3 Cr.). The Rorschach: Prototype of Projective Tests (5 Cr.). War in the Contemporary World (2 Cr.). World Literatures (3 Cr.).

Open Elective Courses (6 Cr.)

SUGGESTED STUDY PLAN

Semester 1

Code	Course Name	Credits
011PSCPL1	Clinical and Pathological Psychology	3
011PSTDL1	Clinical and Pathological Psychology – Supervised Work	3
011PHPEL1	Foundations of Ethical Thoughts	2
011PSFPL1	Foundations of Social Psychology	3

011PSIPL1	Introduction to Psychometrics	3
011SAESL1	Introduction to Social Studies	3
011LFCEL1	Oral and Written Communication	4
011PSASL1	Specialized Arabic – Psychology	4
	Institution's Elective Courses or Open Elective Courses	5
	Total	30

Semester 2

Code	Course Name	Credits
011PSC2L2	Clinical and Pathological Psychology 2	3
011PST2L2	Clinical and Pathological Psychology 2 – Supervised Work	3
011PSDCL2	Cognitive, Affective, and Relational Development of the Child	5
011PSSDL2	Descriptive Statistics in Psychology I	3
011PTPTL2	Introduction to Industrial Psychology	3
011PSM2L2	Professional Methods and Practices of Psychologists	4
064VALEL1	USJ Values in Daily Life	2
	Institution's Elective Courses	6
	Total	29

Semester 3

Code	Course Name	Credits
011PSPCL3	Cognitive Psychology	3
011PCIPL3	Introduction to Existential Psychology	3
011PCISL3	Introduction to Psychiatric Semiotics	3
011PSTEL3	Introduction to Research and Study Work	3
011PSPYL3	Neurophysiology	3
011PCDAL3	Normal and Pathological Development of the Adolescent	6
011PCCPL3	Psychoanalytic Currents	3
	Institution's Elective Courses	6
	Total	30

Semester 4

Code	Course Name	Credits
011PSPAL4	Advanced Psychometrics	3
011SAARL1	Culture and Life ثقافة و حياة	2
011PCDEL4	Existential Difficulties of the Adult	6
011PCTFL4	Freudian Texts	2
011PSSTL4	Internship II – Psychology	2
011PCPPL4	Introduction to Pedopsychiatry: Psychopathology of Children and Adolescents	3
011PCSNL4	Pathologies of the Nervous System	3
011PSPFL4	Post-Freudian Authors	2

011 PPSPL4	Social Psychology: Science of Interaction	3
011GESFL1	Society Facing Risk	2
	Institution's Elective Courses	3
	Total	31

Semester 5

Code	Course Name	Credits
011POECL5	Emotion and Cognition	3
011PSHPL6	History of Psychology	3
011PSINL6	Introduction to Neurosciences	3
011PTPNL5	Introduction to Psychopathology	3
011SAIPL1	Professional Integration	3
011PSS3L5	Psychology Internship - Third Year	2
011PEPML5	Psychology in a School Setting	3
011PSANL5	Specialized English - Psychology	4
	Institution's Elective Courses or Open Elective Courses	6
	Total	30

Semester 6

Code	Course Name	Credits
011PSMSL6	Assessment in a School Setting	3
011PCECL5	Clinical Consultation	6
011PCECL6	Clinical Consultation Practice	3
011PCTCL6	Cognitive-Behavioral Therapies	3
011PSSDL5	Descriptive Statistics in Psychology II	3
011PSITL6	Introduction to Research and Study Work 2	3
011PSAPL6	Learning	3
011PCPAL6	Psychology of the Elderly	3
011PCPPL6	Work and Mental Health	3
	Total	30

COURSE DESCRIPTION

011PSPAL4 **Advanced Psychometrics** **3 Cr.**

This course enhances the skills of psychology students exclusively, focusing on administering and scoring key psychological tests, as well as objective measurements. It delves into both projective tests and personality scales. Adapted and simplified, the course provides students with the foundational knowledge needed to excel in their second year in psychology.

011PSMSL6 **Assessment in a School Setting** **3 Cr.**

This course introduces students to developing interprofessional and intraprofessional collaboration focused on individuals, families, and children. It is exclusively designed for psychology students. This course covers two main areas: the role of the psychologist in educational settings including interactions with teachers, students, and parents, and the assessment tools required for this role.

011PSCPL1	Clinical and Pathological Psychology	3 Cr.
<p>This course introduces the various frameworks for understanding psychopathology and psychological suffering. It covers epistemological and historical perspectives on mental illness, as well as different approaches and methods, including clinical (psychoanalytic) and psychiatric. Additionally, this course examines the consultation process as a critical tool for both research and patient engagement.</p>		
011PSTD1	Clinical and Pathological Psychology – Supervised Work	3 Cr.
<p>This course covers the historical development of “Clinical Psychology and Psychopathology”. It involves analyzing the psychological functioning of individuals within their environmental contexts, assessing their adaptation or maladaptation to both ordinary and specific settings. Students will gain a thorough understanding of the fundamental concepts in clinical psychology and psychopathology. This course also emphasizes the significance of psychoanalytic theory and the exploration of the unconscious, focusing on diverse analyses of the psychic causes of symptoms and the various practices of clinical psychologists.</p>		
011PSC2L2	Clinical and Pathological Psychology 2	3 Cr.
<p>Building on “Clinical and Pathological Psychology”, this course delves deeper into clinical interviewing, research interviews, diagnostic interviews, observation, and case studies as key tools for psychologists. It further explores the theory of the ego and the role of defense mechanisms in both normal and pathological states. This course also includes an advanced study of psychoanalytic concepts, covering Freud’s two topographies, repression, and its manifestations in daily life, therapeutic settings, and dreams. It aims to equip students with the necessary techniques and knowledge to effectively guide their clinical listening and practice.</p>		
011PST2L2	Clinical and Pathological Psychology 2 – Supervised Work	3 Cr.
<p>This course involves supervised work that help students deepen their understanding of concepts covered in lectures through practical examples. Students are presented with texts for analysis and commentary.</p>		
011PCECL5	Clinical Consultation	6 Cr.
<p>This course enables students to identify the specific characteristics of the clinical consultation and the influence of various non-verbal and verbal parameters that define it. It raises students’ awareness of the criteria needed to guide patients towards different forms of psychotherapy. This course also emphasizes the importance of proper clinician training. Students will learn to conduct clinical consultations with adults and differentiate them from those conducted with children and adolescents.</p>		
011PCECL6	Clinical Consultation Practice	3 Cr.
<p>This course enables students to apply clinical consultation theory from the prerequisite course. Through simulations and role-playing, students will learn to recognize their own relational styles and identify issues in clinical listening.</p>		
011PSPCL3	Cognitive Psychology	3 Cr.
<p>If cognition means knowledge, this course deals with understanding how knowledge is extracted from the environment (perception), how it is stored over the long term (attention, memory), and how it is associated, retrieved, and utilized (anticipation, prediction, information processing, decision-making, and awareness). Students will explore each of these cognitive functions and study the experimental methods used to examine these cognitive processes, which are not directly observable.</p>		
011PSDCL2	Cognitive, Affective, and Relational Development of the Child	5 Cr.
<p>This course traces the cognitive, emotional, and relational development of the child, based on the theories proposed by the founders of developmental psychology (Piaget, Freud, Wallon, etc.). It also addresses the current challenges to these theories, focusing on early competencies in children.</p>		
011PCTCL6	Cognitive-Behavioral Therapies	3 Cr.
<p>This course deals with understanding Behavioral and Cognitive Therapies, which are explicitly based on research</p>		

from scientific psychology. To grasp these therapies, it is essential to place them within the broader context of psychologies and psychotherapies. After a brief overview of their current role in psychotherapy, this course examines the foundations and principles of Cognitive Behavioral Therapy (CBT), as well as effective assessment and intervention methods for patients with various mental health conditions. Additionally, this course discusses the scope and limitations of CBT in comparison with other existing therapeutic approaches.

011SAARL1 Culture and Life ثقافة وجياة 2 Cr.

This course focuses on reading and discussing selected texts from Lebanese culture, literature, and current affairs. Each session focuses on a different topic or article, which is discussed and debated in class in Arabic. Topics vary and are chosen from recent news, history, or Lebanese poetry and literature.

011PSSDL2 Descriptive Statistics in Psychology I 3 Cr.

This course introduces students to the basics of statistical terminology and general concepts. It covers fundamental statistical vocabulary and the representation of qualitative data (tables and charts), discrete quantitative data (tables and charts), and continuous quantitative data (tables and charts).

011PSSDL5 Descriptive Statistics in Psychology II 3 Cr.

This course helps students become familiar with the design, analysis, and interpretation of statistical data using SPSS software.

011POECL5 Emotion and Cognition 3 Cr.

This course explores the growing interest among researchers in psychology and neuroscience regarding the link between emotion and cognition. After providing a theoretical overview defining emotions and the associated theories, this course focuses on the theory connecting emotion and cognition and their practical relevance in emotional and social intelligence. It then delves into the concept of emotional regulation to bridge the gap between normal and pathological states. Additionally, this course addresses emotional pathologies, discussing possible clinical interventions for managing patients with emotional disorders. It also involves practical illustrations that clarify the interrelations between emotion and cognition throughout the theoretical development and clinical practice.

011PCDEL4 Existential Difficulties of the Adult 6 Cr.

This course examines the concept of sexual identity and explores the different phases of life, including partner selection, relationships, romantic encounters, the desire for children, pregnancy, motherhood, and fatherhood. It investigates phenomenological experiences, potential crises, and clinical and psychopathological aspects such as domestic violence and postpartum depression, as well as certain psychoanalytic concepts. The course aims to 1) develop an understanding of various moments of vulnerability throughout adult development and to 2) provide students with a conceptual framework to engage with relevant texts on these themes.

011PHPEL1 Foundations of Ethical Thoughts 2 Cr.

This course explores the philosophy of ethics, laying the foundational principles necessary for intellectual development and practical applications. It examines how various ethical frameworks, such as medical, business, engineering, and environmental ethics, are grounded in moral principles.

This course aims to articulate and justify the different ethical foundations proposed by philosophical thought throughout history, including knowledge, will, sensitivity, utility, affectivity, and rationality. It will also address fundamental questions, such as the distinction between ethics and morality, the origins of moral questioning, and the relationship between individual and collective ethics. Additionally, this course examines the two major ethical theories: deontological and utilitarian, that dominate contemporary ethical debates.

011PSFPL1 Foundations of Social Psychology 3 Cr.

This course provides the theoretical and conceptual foundations for understanding psychosociological texts. It begins by defining the psychosociological approach, and then connects individual experiences with social demands through concepts such as social status, role, norm, and attitude. A final section delves into interaction

and socialization, using bilingual learning as an example. Students will learn to consider individuals holistically in relation to their environment, and will understand the importance of social influence, moving beyond merely viewing the subject through their will or desire. This course also enables students to recognize the impact of statuses and norms, as well as indicators of normative pressure. It offers an opportunity to reflect on one's own mindset, communication style, and interaction methods, laying the groundwork for developing a psychologist's identity.

011PCTFL4	Freudian Texts	2 Cr.
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This course is based on reading a selection of psychoanalytic texts. Most of them are drawn from the writings of Sigmund Freud, but a few works by other authors are included to provide additional perspectives on the ideas discussed.

011PSHPL6	History of Psychology	3 Cr.
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This course acknowledges that the fundamental questions now considered psychological have been part of philosophical reflection since ancient times. However, psychology as a distinct term and field of study is relatively recent. This course is designed for students new to the discipline. It aims to introduce the objects and methods of psychology through an exploration of its history and development since its formal establishment. Deliberately multidisciplinary, this course covers the major theoretical areas of psychology.

011PSSTL4	Internship II – Psychology	2 Cr.
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This second-year internship aims to observe a child or adolescent from a developmental perspective. Cognitive, emotional, and relational aspects are explored in light of the developmental psychology courses previously taken (a crucial prerequisite). Students will select a child or adolescent, develop observation criteria with their instructor, and enrich their observations with theoretical readings related to their questions. They will document their observations, share their findings in group sessions, and reflect on their experiences in a logbook. By the end of this internship, students will submit a written report compiling all these elements for final evaluation.

011PCIPL3	Introduction to Existential Psychology	3 Cr.
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This course enables students to acquire foundational knowledge in humanistic and existential psychology and philosophy. It helps them reflect on their own life experiences from an existential perspective and develop the skills needed to engage in meaningful existential conversations.

011PTPTL2	Introduction to Industrial Psychology	3 Cr.
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This course explores industrial psychology by examining various factors that influence both individuals and groups. It covers concepts such as personal growth, issues of influence and authority, leadership, mindsets, corporate culture, emotional maturity, and business skills.

011PSINL6	Introduction to Neurosciences	3 Cr.
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This course explores neuroscience, the study of the brain. It is a multidisciplinary field that intersects psychology, biology, pharmacology, physics, and mathematics. By enriching each of these disciplines, neuroscience positions psychology at the core of the sciences. This course aims to incorporate a neuroscientific approach into the general training of clinical and work psychology offered by the FLSH, and to build connections with other disciplines at USJ that contribute to advancing brain science.

011PCPPL4	Introduction to Pedopsychiatry: Psychopathology of Children and Adolescents	3 Cr.
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This course introduces psychiatric clinical practice and pathological psychological functioning.

011PCISL3	Introduction to Psychiatric Semiotics	3 Cr.
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This course introduces students to psychiatric semiology and covers the fundamental concepts of psychopathology, including neurosis and psychosis.

011PSIPL1	Introduction to Psychometrics	3 Cr.
<p>This course familiarizes students with measurement methods in psychology. It introduces the basic concepts of psychological testing and the various categories of tests. It also addresses the contribution of psychometrics to psychological assessment.</p>		
011PTPNL5	Introduction to Psychopathology	3 Cr.
<p>This course enables students to become familiar with severe psychiatric disorders that hinder psychosocial integration by affecting thought processes and perceptions.</p>		
011PSTEL3	Introduction to Research and Study Work	3 Cr.
<p>This course establishes psychology as a scientific discipline, building on previous research and concepts across various psychological fields. It is crucial to introduce psychology students, both future researchers and practitioners, to empirical methods and research techniques in psychology. This course is divided into two parts: first, it presents the theoretical principles of research, and then it applies these concepts to the development of a research project.</p>		
011PSITL6	Introduction to Research and Study Work 2	3 Cr.
<p>This course enables students to apply the concepts learned in the “Introduction to Research and Study Work” course to develop a research project.</p>		
011SAESL1	Introduction to Social Studies	3 Cr.
<p>This course introduces the fundamentals of sociology, providing the essential elements needed to understand the structure, functioning, and transformation of the social world. It encourages students to grasp the basic concepts of sociology and to critically consider the interplay between social and individual dynamics.</p>		
011PSAPL6	Learning	3 Cr.
<p>This course explores the role of self-awareness in learning, emphasizing that we learn according to who we are. It invites students to discover the learning environment and its participants (learner/teacher), focusing on the cognitive and emotional interactions between them.</p>		
011PSPYL3	Neurophysiology	3 Cr.
<p>This course aims to familiarize students with the nervous system (technical terms, lobes, functions, etc.), simplify current knowledge in neurobiology and neuroanatomy, and enhance understanding of psychiatric disorders.</p>		
011PCDAL3	Normal and Pathological Development of the Adolescent	6 Cr.
<p>This course addresses puberty and adolescence from biological, sociological, psychological, relational, and psychoanalytic perspectives. It covers the fundamental theoretical concepts needed to understand psychological and psychoanalytic articles on adolescence, as well as specific psychopathologies that may emerge during this stage.</p>		
011LFCEL1	Oral and Written Communication	4 Cr.
<p>This course is designed to address the linguistic needs of students at the Saint Joseph University of Beirut. It aims to enhance students’ abilities to communicate fluently, clearly, and effectively across various oral situations, including spontaneous speech, interviews, presentations, debates, and meetings. Additionally, this course focuses on developing students’ skills in writing, reading, and research on contemporary topics relevant to their field of study.</p> <p>By the end of this course, students will be able to prepare oral presentations and utilize oral communication for professional purposes. They will also be able to independently write a research brief on a current issue and present arguments in a clear and compelling manner.</p>		

011PCSNL4	Pathologies of the Nervous System	3 Cr.
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This course explains and describes the neurophysiology and neurobiology of various topics, including wakefulness, sleep, memory, dementia, pain, and epilepsy.

011PSPFL4	Post-Freudian Authors	2 Cr.
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This course focuses on the controversies between different authors to better situate the specific contributions of each within the psychoanalytic movement. For example, it will cover Jungian concepts and their distinctiveness from Freudian theory, as well as the Anglo-Saxon object relations theory (Winnicott) in comparison to Freud's theory of libido.

011SAIPL1	Professional Integration	3 Cr.
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This course prepares students to the workforce by providing guidance, educational resources, and valuable insights. It aims to support students in their transition to professional life by helping them assess and highlight their skills, improve their oral and written communication for professional settings, identify the most suitable career path, and successfully integrate into the professional world.

011PSM2L2	Professional Methods and Practices of Psychologists	4 Cr.
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This course equips students with the fundamental knowledge about the specificity and diversity of psychological disciplines, including theories, methods, concepts, and therapeutic approaches. It helps them develop and clarify their future orientation and projects while understanding their position relative to other guidance and care professions, such as psychiatrists, psychomotricians, and coaches. In addition to theoretical instruction, this course includes meetings with psychologists from various orientations to provide broader insights.

011PCCPL3	Psychoanalytic Currents	3 Cr.
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This course contributes to developing the following skills: recognizing the specific contributions of different psychoanalytic schools, understanding how they have enriched the field of psychoanalysis, and situating them within their cultural contexts.

011PEPML5	Psychology in a School Setting	3 Cr.
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This course explores various aspects of the relationship between students and their environment, using Bronfenbrenner's ecological model as a reference framework. It helps students identify and analyze student difficulties, and understand the interactions between educational psychologists and the various stakeholders involved. This course also emphasizes promoting a culture of resilience in schools and the importance of effective prevention of psychological and sexual violence. By the end of this course, students will be able to grasp the key issues in educational psychology and propose appropriate solutions to the situations they encounter.

011PSS3L5	Psychology Internship - Third Year	2 Cr.
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This third-year internship (50 hours on the field) aims to participate in group communication dynamics and raise awareness of institutional care for individuals in difficulty including children, adolescents, adults, or the elderly. Students will select a setting from a provided list (NGO, institution, shelter) and develop observation and participation criteria in collaboration with the instructor. They will enrich these criteria with theoretical readings on chosen themes. They will also document their observations, share their findings in group sessions at the faculty, and reflect on their experiences in a logbook. By the end of this internship, students will submit a written report compiling all these elements for final evaluation.

011PCPAL6	Psychology of the Elderly	3 Cr.
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This course explores the cognitive, affective, and relational aspects of aging and the loss of abilities. After examining the psychodynamic approach to aging, it addresses cognitive decline (intelligence and memory), retirement crises, and the loneliness of elderly individuals, as well as the psychopathology of aging (primarily depression and dementia). This course concludes with a review of therapeutic approaches for the elderly, and an existential reflection on aging as a stage to prepare for thoughtfully.

011PSPSL4	Social Psychology: Science of Interaction	3 Cr.
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This course develops the following skills: understanding the importance of psychosocial theories and research and their effects on interpersonal relationships, grasping their impact on oneself and one's environment, and learning methods and means to interact with these theories.

011GESFL1	Society Facing Risk	2 Cr.
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This course clarifies fundamental concepts of risk and vulnerability. It equips students with the necessary skills to address the challenges associated with both natural and technological risks, as well as the vulnerabilities of human societies in the face of these risks.

011PSASL1	Specialized Arabic – Psychology	4 Cr.
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This course provides students with a review and deepening of their Arabic language skills to effectively engage with specialized texts in their chosen field, both orally and in writing.

011PSANL5	Specialized English - Psychology	4 Cr.
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This course equips students to effectively read and analyze texts by psychology authors, with grammar serving as a supportive tool rather than a primary focus. By the end of the academic year, students should be able to use English-language materials for their research and assignments with confidence and ease.

064VALEL1	USJ Values in Daily Life	2 Cr.
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This course aims to familiarize students with the fundamental values of the Saint Joseph University of Beirut (USJ) so that they can integrate them into their personal, interpersonal, and professional lives. It engages them in critical reflection on how the values outlined in the USJ Charter can influence their behaviors, actions, and decisions in addressing the challenges of the contemporary world. Additionally, students will become aware of global issues and ethical responsibilities, preparing them to positively contribute to the building of a better society.

011PCPPL6	Work and Mental Health	3 Cr.
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This course introduces students to the key concepts, theories, and methods of psychology related to mental health within a professional context. Students will explore the psychological aspects of mental health, including factors influencing psychological well-being and those leading to psychopathology. This course also emphasizes the importance of prevention, the promotion of mental health in the workplace, and combating the stigma associated with mental health issues.