LEBANESE SCHOOL OF SOCIAL WORK (ELFS)

MASTER IN SOCIAL WORK

Concentrations:

Family and Socio-educational Counseling (FSEC) Engineering of Social Development (ESD)

Main Language of Instruction:

French & English O Arabic O

Campus Where the Program Is Offered: CSH

OBJECTIVES

The Master in Social Work aims to build professionals' global vision of the development of individuals, families, communities and society. It includes a research component that forms a common core and a professional component based on students' concentrations: either Family and Socio-educational Counseling (FSEC) or Engineering of Social Development (ESD).

The "research" dimension enables students to develop knowledge on specific a domain or field of study. This specialization is underpinned by a rigorous methodological approach (qualitative and/or quantitative), and prepares students for PhD studies.

SPECIFIC OBJECTIVES FOR THE FSEC CONCENTRATION

- Accompany real-life projects that address relational, social, professional and educational challenges, based on preventive and/or re-educational approaches.
- Activate supportive networks and resources for individuals, groups, and families.
- Assess overall adaptation of individuals, couples, and families, to their environments and circumstances.
- Manage conflicts within familial relationships, including marital and intergenerational issues through, parental guidance, counseling or mediation.
- Strengthen communication skills and restore individual and group balance within their environment.

SPECIFIC OBJECTIVES FOR THE ESD CONCENTRATION

- Contribute to the organizational development of social enterprises and specialized services.
- Design comprehensive development strategies integrating social, sociocultural, sociopolitical, socioeconomic, ecological dimensions.
- Defend and promote the rights of minority groups, young people, vulnerable groups, etc.
- Involve local communities in decision-making and in development projects.
- Mobilize, train and manage volunteers in promoting civic engagement.
- Establish networking systems and partnerships for development.
- Plan, manage and evaluate community development actions, projects, programs, or events on national and regional scales.

PROGRAM LEARNING OUTCOMES (COMPETENCIES)

- Contribute to the development of social work based on a in-depth and contextualized understanding of issues and practices.
- Manage programs, services, and teams within social organizations.
- Develop life learning skills towards continuous professional growth.

SPECIFIC LEARNING OUTCOMES (COMPETENCIES) FOR THE FSEC CONCENTRATION

- Conduct specialized interventions with families experiencing complex problematic situations (crisis, domestic violence, marital and family conflicts, etc.).
- Implement a socio-educational counseling process aimed at assisting individuals and groups experiencing life transitions or adaptation difficulties.
- Implement a process of psychosocial counseling with individuals and groups dealing with personal fragilities and vulnerabilities.

SPECIFIC LEARNING OUTCOMES (COMPETENCIES) FOR THE ESD CONCENTRATION

- Design development projects, technically and financially, in accordance with the principles of international cooperation.
- Implement emergency and post-crisis actions, programs, and services to combat inequalities, precariousness, and all forms of social vulnerability.
- Set-up or support the establishment of social enterprises.

ADMISSION REQUIREMENTS

Prerequisites: Bachelor's degree.

FSEC: family, social work, social interventions and family dynamics, socio-educational counseling, research ESD: intercultural mediation, social issues, emergency and crisis, social work, socio-cultural engineering, community development, research, international cooperation, social entrepreneurship.

COURSES/CREDITS AWARDED BY EQUIVALENCE OR PREREQUISITE CREDITS

Based on application review.

PROGRAM REQUIREMENTS

120 Credits: Required Courses (116 Credits). Open Elective Courses (4 Credits).

60 Required common credits

Analysis of Social Policies (2 Cr.). (3 Cr.). Engineering of the Evaluation of Programs and Interventions (3 Cr.). Global and Integrated Approaches to Social Phenomena and Problems (2 Cr.). Management and Quality Assurance (3 Cr.) Qualitative Research in Social Work (4 Cr.). Research Internship I (2Cr.). Research Internship II (2 Cr.). Foundations of Social Work in Light of Global Change and Emerging Practices (2 Cr.). Master Research Dissertation I (15 Cr.). Master Research Dissertation II (15 Cr.). Competency Engineering and Management (3 Cr.)

3 Elective credits: Epistemology of Human Sciences (3 Cr.) or Philosophy and the Human Sciences: An Epistemological Approach (3 Cr.).

60 Specific credits for FSEC

Approaches in Group Counseling (2 Cr.). Career Counseling and Retirement Planning (3 Cr.). Family Law in Lebanon (2 Cr.). Internship in FSEC (8 Cr.). Introduction to Family and Socio-Educational Counseling (2 Cr.). Marital and Family Mediation (4 Cr.). Psychological Understanding of Social Realities (2 Cr.). Practical Workshops in Group Counseling (2 Cr.). Practical Workshops in Individual Counseling (2 Cr.). Psychology of Couples and Families (4 Cr.). Theories and Approaches in Individual Counseling (2 Cr.). Seminar: Gender, Violence and Abuse: Constructivist Approaches (4 Cr.). Seminar: Mental Health and Psychosocial Support (MHPSS) (4 Cr.). Seminar: Personal Development and Counseling Tools (4 Cr.). Parental Education and Guidance (Positive Parenting) (4 Cr.). Practical Workshops in Couple and Family Counseling (2 Cr.). School Career Counseling (3 Cr.). Specialized Project in FSEC (2 Cr.). Open Elective Course (4 Credits).

60 Specific credits for ESD

Development of Social Enterprise and SE Model (6 Cr.). Internship in ESD (8 Cr.). Introduction to Crises, Humanitarian Spaces, and Forms of Cooperation and Solidarity (2 Cr.). Introduction to Engineering of Social Development (2 Cr.). Legal Aspects of Social Enterprises and Impact Management (4 Cr.). Marketing and Social Mobilization (2 Cr.). Partnership Strategies and Project Financing Management (4 Cr.). Planning and Management of Emergency and Post-Crisis Projects (4 Cr.). Seminar: Monitoring, Evaluation, Accountability, and Learning (4 Cr.). Seminar: Social Planning and Community Service Development (4 Cr.). Specialized Project in ESD (2 Cr.). Strategic Planning, Innovation, and Change Management (4 Cr.). Team and Risk Management in Crisis Situations (4 Cr.). The Digital and International Dimension in Social Enterprise (4 Cr.). The Role of the Social Entrepreneur (2 Cr.). Elective Course (4 Cr.).

SUGGESTED STUDY PLAN

Semester 1 Common Core

Code	Course Name	Credits	
015ADPSM1	Analysis of Social Policies		
011PHEPM1	Epistemology of Human Sciences		
045PSHEM3	Philosophy and the Human Sciences: An Epistemological Approach	3	
015AGPSM1	Global and Integrated Approaches to Social Phenomena and Problems		
015MFOGM1	Management and Quality Assurance		
015RQTSM1	Qualitative Research in Social Work		
015SR1PM1	015SR1PM1 Research Internship I		
015FETSM1	Foundations of Social Work in Light of Global Change and Emerging Practices		
	Total	18	

FSEC

Code	Course Name	Credits
015ICFSM1	Introduction to Family and Socio-Educational Counseling	2
015LPRSM1	Psychological Understanding of Social Realities	2
015PSYCM1	Psychology of Couples and Families	4
015TAGRM1	Theories and Approaches in Group Counseling	2
015TACIM1	Theories and Approaches in Individual Counseling	2
	Total	12

ESD

Code	Course Name	
o15ICHSM1	Introduction to Crises, Humanitarian Spaces, and Forms of Cooperation and Solidarity	2
015IIDSM1	Introduction to Engineering of Social Development	
015PSDCM1	CM1 Seminar: Social Planning and Community Service Development	
015PSICM1	SICM1 Strategic Planning, Innovation, and Change Management	
	Total	12

Semester 2

Common core

Code	Course Name	Credits
015IEPIM2	Engineering of the Evaluation of Programs and Interventions	3
015RQTSM2	Quantitative Research in Social Work	4
015STR2M2	Research Internship II	2
015IFGCM2	Competency Engineering and Management	3
	Total	12

FSEC

Code	Course Name	Credits
015DFLIM2	Family Law in Lebanon	2
015APCGM2	Practical Workshops in Group Counseling	
015APCIM2	Practical Workshops in Individual Counseling	
015S1VMM2	Seminar: Gender, Violence and Abuse: Constructivist Approaches	4
015S3SMM2	Seminar: Mental Health and Psychosocial Support (MHPSS)	
015S2DPM2	Seminar: Personal Development and Counseling Tools	
	Total	18

ESD

Code	Course Name	Credits
015DMESM2	Development of Social Enterprise and SE Model	6
015DNITM2	Digital and International Dimension in Social Enterprise	4
015AJGIM2	Legal Aspects of Social Enterprises and Impact Management	4
015MSMSM2	Marketing and Social Mobilization	2
015ROESM2	The Role of the Social Entrepreneur	2
	Total	18

Semester 3

FSEC

Code	Course Name	Credits
015CCPRM3	Career Counseling and Retirement Planning	3
o15MCFAM3	Marital and Family Mediation	4
015EDGPM3	Parental Education and Guidance (Positive Parenting)	4
015ACCFM3	Practical Workshops in Couple and Family Counseling	2
015OPSCM3	School Career Counseling	3
015PSCFM3	Specialized Project in FSEC	2
015STGCM3	Internship in FSEC	8
	Elective Course	4
	Total	30

ESD

Code	Course Name	Credits
o15SPGFM3	Partnership Strategies and Project Financing Management	
015MPPCM3	Planning and Management of Emergency and Post-Crisis Projects	
015MEAOM3	Seminar: Monitoring, Evaluation, Accountability, and Learning	
015PIDSM3	Specialized Project in ESD	
015GERIM3	Team and Risk Management in Crisis Situations	
015STGIM3	Internship in ESD	
	Elective Course	4
	Total	30

Semester 4

Code	Course Name	Credits
015MEM1M4	Master Research Dissertation I	15
015MEM2M4	Master Research Dissertation II	15
	Total	30

COURSE DESCRIPTION

015ADPSM1 Analysis of Social Policies

2 Cr.

This course invites students to refer to social policies as the "legitimate" framework for the social worker's intervention, guiding their actions to align with the law and applicable enforcement mechanisms. Additionally, it empowers them to critically examine social policies, questioning them and proposing amendments in favor of the concerned populations.

015CCPRM3 Career Counseling and Retirement Planning

3 Cr.

This course enables FSEC students to support individuals facing difficulties in professional adaptation, allowing them to achieve a successful integration or reintegration process, while considering various career obstacles and timelines.

015IFGCM2 Competency Engineering and Management

3 Cr.

This course allows master's students to develop program engineering skills in a competency-based approach and to enhance individual and collective capacity building, for the purpose of human, institutional and social development. It helps them broaden their perspective and vision on training, to contribute to the formulation of training policies in their practice environments.

015DMESM2 Development of Social Enterprise and SE Model

6 Cr.

This course is part of the ESD social entrepreneurship training program. It enables students to master the different economic models of social enterprises, and to identify financial mechanisms and investment opportunities.

015DNITM2 Digital and International Dimension in Social Enterprise

4 Cr

This course is part of the ESD social entrepreneurship training program. It enables students to grasp the impact of the digital (e-commerce) and international (export) dimensions on business models.

015IEPIM2 Engineering of the Evaluation of Programs and Interventions

3 Cr.

This course aims to promote a best practices-oriented thinking in social work. It empowers students to strengthen the evaluability of programs/projects and interventions, and to plan appropriate evaluative approaches.

011PHEPM1 Epistemology of Human Sciences

3 Cr.

Approaching the human sciences from a global and distinctly philosophical perspective involves a process that first seeks to explore the foundations and then critically examines them.

015DFLIM2 Family Law in Lebanon

2 Cr.

This course explores family law in its complexity, more specifically, personal status as governed by the different religious communities in Lebanon.

It also addresses the legal dimensions and financial aspects related to divorce and separation situations, including custody, alimony and property division.

o15FETSM1 Foundations of Social Work in Light of Global Change and Emerging Practices 2 Cr.

This course focuses on enhancing students' awareness of the meaning behind their actions in social work, their purpose, and the inherent challenges involved. Personal and professional positioning is therefore reflected upon and discussed.

015AGPSM1 Global and Integrated Approaches to Social Phenomena and Problems 2 Cr.

This course offers a global, and integrated analytical framework for understanding social issues and societal phenomena. It helps students understand the inherent complexity of any problem, concern or phenomenon involving the social worker. It emphasizes the need for complementary interventions and actions at different levels – individual, familial, community, and societal – to appropriately respond and effectively address the complexity of situations and promote real development and change.

015STGIM3 Internship in ESD

8 Cr.

This internship aims to confirm a professional skill (project development, evaluation, training engineering, strategic planning, social marketing plan, etc.) in a field of interest chosen by the student (health, education, citizenship, volunteering, etc.). It involves implementing an innovative project with socio-economic, sociocultural, or sociopolitical aims, enabling the student to demonstrate professional autonomy, organizational behavior, and ethics, regardless of the nature of the undertaken action. Successful completion of the internship requires evidence of confirmed practice in at least one competency related to the chosen specialization.

015STGCM3 Internship in FSEC

8 Cr.

This course focuses on an innovative socio-educational or family counseling intervention. Students are expected to demonstrate professional autonomy, organizational behavior, and ethics whatever the nature of the action undertaken. Successful completion of the internship requires evidence of confirmed practice in at least one competency related to the chosen specialization.

o15ICHSM1 Introduction to Crises, Humanitarian Spaces, and Forms of Cooperation and Solidarity

2 Cr.

This course allows ESD students to:

- Understand humanitarian crises of any nature from an interdisciplinary perspective, focusing on their impact and their consequences on vulnerable populations.
- Analyze the humanitarian ecosystem and define the sectors and stakeholders involved.
- Approach international cooperation as an interactive intercultural dynamic, a partnership in which humanitarian action takes shape.

o15ICFSM1 Introduction to Family and Socio-Educational Counseling

2 Cr.

This course enables students to deepen their FSEC exit profile in terms of key competencies, foundations and theoretical approaches in counseling.

015IIDSM1 Introduction to Engineering of Social Development

2 Cr.

This course enables students to deepen their ESD exit profile in terms of key competencies, foundations and theoretical approaches of social and societal development.

015AJGIM2 Legal Aspects of Social Enterprises and Impact Management

4 Cr.

This course is part of the ESD social entrepreneurship training program. It enables students to develop an understanding of the legal aspects related to social enterprises and initiatives, as well as the principles of managing their social impact in line with the Sustainable Development Goals (SDGs).

015MCFAM3 Marital and Family Mediation

4 Cr.

This course presents family mediation as an appropriate intervention model for conflicts and/or divorce situations, emphasizing the various actors and phenomena related to this conflict resolution method. It also discusses the different phenomena experienced during the transition phase of separation or divorce, while highlighting the specific role of the mediator, the methodological process, techniques to be implemented, and the inherent positioning required for this role.

015MSMSM2 Marketing and Social Mobilization

2 Cr.

This course provides ESD students with principles and guidelines for implementing actions to promote social causes or those of general interest. It enables them to develop communication approaches and promote ideas that encourage the adoption of values or a change in behavior deemed risky.

015EDGPM3 Parental Education and Guidance (Positive Parenting)

4 Cr.

Based on the cognitive-behavioral approach and learning theories, this course aims to educate parents on positive parenting practices and to support them in carrying out these practices, particularly when facing challenging situations encountered by children and youth. To achieve this, students are trained to use a variety of pedagogical tools.

015SPGFM3 Partnership Strategies and Project Financing Management

4 Cr.

This course enables ESD students to understand partnerships where humanitarian action is carried out, seek funding, and manage it according to standards of effectiveness and quality.

o45PSHEM3 Philosophy and the Human Sciences: An Epistemological Approach

3 Cr.

This course aims to introduce students to:

- The relationship between philosophy and anthropology.
- The possibility of linking the various tools and methods of the human sciences. (Epistemological approach).
- The mutual contributions between philosophy and the human sciences.

o15MPPCM3 Planning and Management of Emergency and Post-Crisis Projects

4 Cr.

This course enables ESD students to develop emergency responses and post-crisis development projects within a framework of solidarity, partnership, and international cooperation.

015ACCFM3 Practical Workshops in Couple and Family Counseling

2 Cr.

This course provides a conceptual basis for marital and family dynamics. It consolidates students' ability to conduct couple and family interviews, making informed, targeted use of appropriate techniques.

015APCGM2 Practical Workshops in Group Counseling

2 Cr.

This course builds upon the "Theories and Approaches in Group Counseling" course to strengthen students' ability to conduct group counseling sessions. Its aim is to equip students to transform group sessions involving beneficiaries sharing a common or similar reality into opportunities that facilitate the emergence of strengths and pathways for problem-solving and navigating difficult situations.

015APCIM2 Practical Workshops in Individual Counseling

2 Cr.

This course builds upon the "Theories and Approaches in Individual Counseling" course to consolidate students' ability to conduct individual interviews, making informed, targeted use of appropriate techniques. It equips them to transform the interview with clients into an opportunity that encourages the emergence of strengths and pathways for resolving problems and difficult situations.

015LPRSM1 Psychological Understanding of Social Realities

2 Cr.

This course deepens understanding of theories and concepts underlying dimensions related to psychological and mental health. It enables informed analysis of human development and behaviors throughout the different life stages, identifying dysfunctions and potential threats. Primarily based on case studies, it facilitates the integration and transposition of theoretical knowledge to empirical situations.

015PSYCM1 Psychology of Couples and Families

4 Cr.

This course enables students to analyze the dynamics of the family system and the couple, which are essential frameworks for family intervention and mediation.

015RQTSM2 Quantitative Research in Social Work

4 Cr.

This course empowers students to plan and implement a quantitative research process, including hypothesis development, operationalization of concepts, development of the questionnaire as the primary data collection tool, statistical analysis, and presentation of results. This course adopts a project-based approach involving the class group and articulating all learning activities.

015SR1PM1 Research Internship I

2 Cr.

It's an immersion period for students in ongoing research projects (research laboratory, research chair, ongoing dissertations) aimed at practicing various methodological steps. This period spans two academic terms allowing students to integrate the knowledge gained from theoretical research courses.

015STR2M2 Research Internship II

2 Cr.

In continuation of Research Internship I, these two credits further enhance students' immersion in ongoing research projects, allowing them to practice various methodological steps. Spanning two academic terms, this course allows students to integrate the knowledge gained from theoretical research courses.

015OPSCM3 School Career Counseling

3 Cr.

This course develops an understanding of the guidance function in supporting life transition phases based on theoretical foundations and preferred approaches. It empowers students to design a school career guidance plan, establishing individual and group-level support for students within school environments.

o15S1VMM2 Seminar: Gender, Violence and Abuse: Constructivist Approaches

4 Cr.

This course deepens knowledge and enhances intervention competencies with families facing various issues such as domestic violence, abuse, precarious families with multiple challenges, and those in intercultural contexts. It emphasizes references and applications to best practices in the field.

015S3SMM2 Seminar: Mental Health and Psychosocial Support (MHPSS)

4 Cr.

This course delves into advanced knowledge and reinforces intervention competencies for effectively supporting individuals facing physical or mental health challenges (such as disability or substance abuse), social adjustment difficulties (including suicidal tendencies), and developmental crises related to life transitions (such as identity crisis or aging). Students will learn assessment techniques, intervention strategies, and ways to promote well-being in diverse contexts.



o15MEAOM3 Seminar: Monitoring, Evaluation, Accountability, and Learning

4 Cr.

This course enables ESD students to ensure project and program progress and success through the implementation of an effective Monitoring, Evaluation, Accountability, and Learning (MEAL) system. As part of the daily program management, MEAL tracks project progress to ensure their success.

015S2DPM2 Seminar: Personal Development and Counseling Tools

4 Cr.

This course enables counseling students to consolidate and deepen their self-knowledge in terms of personal, relational, and professional capabilities related to their professional profile. It familiarizes students with CBT and psychosocial measurement tools to be used according to individuals or group specific needs.

o15PSDCM1 Seminar: Social Planning and Community Service Development

4 Cr.

This teaching unit enables ESD students to implement a community development process involving planning, designing, and managing social infrastructure comprehensively within a well defined territorial or municipal framework. It focuses on a holistic and integrated vision of development, with a perspective on sustainability (SDGs).

015PIDSM3 Specialized Project in ESD

2 Cr.

This course enables ESD students to develop their internship project within a global vision of the issues to be addressed, and in complementarity with the research dissertation project.

015PSCFM3 Specialized Project in FSEC

2 Cr.

This course enables FSEC students to develop their internship project within a global vision of the issues to be addressed, and in complementarity with the research dissertation project.

015PSICM1 Strategic Planning, Innovation, and Change Management

4 Cr.

This course enables ESD students to develop a vision and a strategic approach to management and development projects.

Part 1 covers the strategic planning process, including strategic analysis.

Part 2 equips students with the methods and techniques to bring required change at a community or organizational level under optimal conditions for success. Two complementary approaches are recommended:

- Social innovation, which involves developing creative responses to new or poorly met social needs within current social contexts and policies.
- Reengineering, which is the radical redesign of processes in order to achieve significant improvements in performance.

015GERIM3 Team and Risk Management in Crisis Situations

4 Cr.

This course enables ESD students to support teams in a manner that directs efforts towards transformation objectives and creativity.

015TAGRM1 Theories and Approaches in Group Counseling

2 Cr.

This course provides a theoretical and conceptual basis for group counseling practices.

It consolidates students' capability to conduct group counselling sessions, making informed and targeted use of appropriate principles and techniques.

015TACIM1 Theories and Approaches in Individual Counseling

2 Cr

This course provides a theoretical and conceptual foundation for individual counseling practices. It enables students to understand and analyze concepts and approaches of individual counseling from a socio-educational perspective.

015ROESM2 The Role of the Social Entrepreneur

2 Cr.

This course is part of the social entrepreneurship training in ESD. It aims to position entrepreneurs in relation to their partners, and develop collaborations and support networks.

015MEM1M4 Master Research Dissertation I

15 Cr.

The Master research dissertation is a written document that demonstrates mastery of an initiated research process. It allows the deepening of a domain/field related to a specific area of interest. This part constitutes the development phase of the research process, underpinned by an analytical framework and a rigorous methodological approach.

015MEM2M4 Master Research Dissertation II

15 Cr.

The Master research disseration is a written document that demonstrates mastery of an initiated research process. It enables the researcher to delve deeper into a field related to their area of interest. This part of the dissertation reflects the young researcher's ability to process, analyze and conceptualize the data collected in relation to their research problem. It concludes with an oral defense of the entire process.

A collective brainstorming seminar enables student researchers to discuss the problems encountered throughout the research process.