



## COUNSELING OFFICE

The Counseling Office (SAP) has been available to students on all campuses for many years. Operated by the Department of Psychology of the Faculty of Humanities (FLSH), this Office is available to students experiencing discomfort or psychological difficulties. It is run by psychologists.

### **SAP has a number of objectives**

- Offering young adults a safe space where they can deal with their anxieties through psychological support or medication.
- Providing students with documentation to help them find answers to their questions.
- Organizing conferences on various subjects related to student mental health.

Students can make an appointment with a psychologist by calling the following number: 01-421000, ext. 5132. The SAP offices are located on the Medical Sciences Campus.

### **Managers:**

Ms. Mirna Gannagé

Ms. Chantal Mansour

**Contact:** ext. 5132

**Email:** [sap@usj.edu.lb](mailto:sap@usj.edu.lb)

