## **SPORTS OFFICE**

At USJ, student life thrives within a dynamic environment where academic pursuits seamlessly merge with athletic excellence, all facilitated by the Sports Office and its cutting-edge facilities. Whether students prefer recreational pastimes or crave the thrill of competitive sports, they find a wealth of opportunities to indulge their passion at their own pace in intra-USJ competitions as well as local and international university tournaments. Supporting these aspirations are top-tier sports facilities strategically positioned across the campuses, including:

- Indoor fields at the Sciences and Technology Campus.
- Sports complex at the Innovation and Sports Campus, which includes a semi-Olympic swimming pool, a parquet flooring sports field, a gym, and multi-purpose rooms for table tennis, fencing, martial arts, fitness training, as well as two squash courts.

Each year, the Sports Office organizes two flagship events: the "Beirut Unisport Festival", an international tournament attracting over 1,500 university students from various countries, and the "Inter-School Games", a competitive sporting event engaging more than 2,500 school students across multiple disciplines.

At USJ, the athletic selections including athletics, badminton, basketball, thai boxing, cheerleading, chess, football, futsal, handball, swimming, squash, tennis, table tennis, volleyball, water polo, and taekwondo represent the epitome of sportsmanship and skill. Comprising the finest student athletes, they actively engage in local, national, and international interuniversity competitions. Recruitment for these athletic teams occurs through try-outs held at the beginning of each academic year, both in Beirut and regional campuses. The dates for these try-outs are prominently displayed at the start of the academic term, as well as on the University and Sports Office websites. Members of USJ sports teams are eligible to apply for scholarships. Annually, these teams compete in international tournaments organized by universities across Europe, America, Africa, and the Middle East.

Director: Maroun El Khoury Email: sports@usj.edu.lb Phone: +961 (1) 421623 Facebook: USJ sports Instagram: usjsport